Every 98 Seconds a sexual assault occurs in the USA.

According to The Bureau of Justice Statistics, there are roughly 321,500 victims (ranging 12 years of age or older) of rape and sexual assault each year in the United States alone.

1 in 6 Women will be a victim of an attempted or completed rape in their lifetime.

Young women are more at risk. Female college students are 3X more likely to experience sexual violence and non-college females (18-24) are 4X more likely.

94% Experience PTSD
33% Contemplate Suicide
13% Attempt Suicide

We’re here to help!
According to the Department of Justice, “sexual assault is any type of contact or behavior that occurs without the explicit consent of the recipient”.

- Forced Sexual Intercourse
- Forcible Sodomy
- Child Molestation/Incest
- Fondling or Inappropriate Touching
- Attempted or Completed Rape

WHAT IS SEXUAL HARASSMENT?
Sexual harassment may constitute unwanted sexual advances, crude or obscene remarks, and all other unwanted physical and verbal conduct of a sexual nature.

CONSENT DEFINED
Consent is a verbal, sober permission given, which is also both conscious and willingly agreed upon. Consent is continuous and active. It can be retracted at any time.

CONSENT IS NOT
COERCED | ASSUMED | SILENT | IMPLIED

Defined Support Programs

What is sexual ASSAULT?

How do I GET HELP?
Safety is always a top priority. If you are in immediate danger, call 9-1-1. Contact a trusted friend or family member for support.

1. Reach out to a sexual assault service provider - Call the National Sexual Assault Hotline at 800-656-HOPE or A Better Way at 765-288-HELP.

2. Get to a hospital - Even if you have not sustained physical injuries, you can still receive a forensic medical exam to collect and preserve any evidence resulting from the assault. A SANE (Sexual Assault Nurse Examiner) or SART (Sexual Assault Response Team) advocate will be there to help you through the process.

3. Contact the police - You have the choice to file a police report. This will create a legal record of the incident. If police respond to the scene, you are under no obligation to file a report at that time.

4. Do not worry about the cost - Under the Crime Victims Compensation program, victims will be reimbursed for out-of-pocket expenses related to the assault. This includes the cost of the forensic medical exam (rape kit) performed at the hospital.

What can A Better Way DO FOR ME?

RAPE CRISIS CENTER
A Better Way’s rape crisis center facility is open 24/7 to victims of rape or sexual assault seeking services. We provide confidential on-site crisis counseling, safety planning, information & referral, emotional support, protective order assistance, legal advocacy, and sexual assault education.

SART
A Better Way is a participating member of the Delaware County Sexual Assault Response Team. Our advocates respond to cases of sexual assault at the hospital and provide support to victims through the entire process, including the forensic medical exam and follow-up.

EMOTIONAL SUPPORT
Support Group: Our Sexual Assault Support Group meets every Monday night from 7pm - 8pm, except on holidays. A Better Way groups are facilitated by a victim advocate and/or sexual assault counselor. A children’s group is also provided during support group hours.

Individual Support: Professional, licensed counselors are available on-site to provide compassionate trauma-informed care; emotional and behavioral services include assessment, individual counseling, and referral to higher levels of integrated care as needed.

LEGAL RESOURCES
Our advocates provide essential sexual assault resources to victims, including accompaniment to court, assistance with protective orders, legal rights education, and overall guidance throughout the legal process.