



Sexual Assault

AWARENESS MONTH

3
APR

THURSDAY

SAAM DAY OF ACTION

All Day Event

Wear Teal To Show Your Support

Share your TEAL photo on social media and tag
@ABetterWayMuncie #EmbraceYourVoice

22
APR

SUNDAY

ZUMBATHON

2:00 pm - 4:00 pm

Muncie Downtown YMCA

\$10 donation to benefit A Better Way's Rape Crisis Center

25
APR

WEDNESDAY

DENIM DAY

All Day Event

Wear Jeans and Spread Awareness on Social Media

Use Hashtag **#DenimDay2018** and tag **@ABetterWayMuncie**

A BETTER WAY *Rocks!*

Look for **TEAL ROCKS** in the community with sexual assault statistics, information, and resources.

Learn more at abetterwaymuncie.org



Supported By:



How does A Better Way HELP VICTIMS?

RAPE CRISIS CENTER

A Better Way's rape crisis center is open 24/7 to victims of rape or sexual assault. We provide professional, confidential emotional support and legal advocacy. We are here to listen.

SART

A Better Way is a participating member of the Delaware County Sexual Assault Response Team. Our advocates respond to cases of sexual assault at the hospital and provide support to victims through the entire process, including the forensic medical exam and follow-up.

CRISIS HOTLINE

A Better Way advocates are ready to take your call and provide you with immediate, confidential support. We will listen, offer encouragement, and we will believe you. You may call as often as you like.

EMOTIONAL SUPPORT

Support Group: Our Sexual Assault Support Group meets every Monday night from 6pm - 8pm, except on holidays. The group is facilitated by a victim advocate and a sexual assault counselor. A children's group is provided during support group hours.

Individual Support: Professional, licensed counselors are available on-site to provide compassionate trauma-informed care; emotional and behavioral services include assessment, individual counseling, and referral to higher levels of integrated care as needed.

LEGAL ADVOCACY

Our advocates provide essential sexual assault resources to victims, including accompaniment to court, assistance with protective orders, legal rights education, and overall guidance throughout the legal process.

OFFICE: 765-747-9107

24-HOUR CRISIS LINE: 765-288-HELP

SUICIDE HOTLINE: 1-800-273-TALK

EVERY 98 SECONDS



a sexual assault occurs in the USA.

According to The Bureau of Justice Statistics, there are roughly 321,500 victims (ranging 12 years of age or older) of rape and sexual assault each year in the United States alone.

OF SEXUAL ASSAULT SURVIVORS:

94%	33%	13%
Experience PTSD	Contemplate Suicide	Attempt Suicide

1 in 6 WOMEN

will be a victim of an attempted or completed rape in their lifetime.



Young women are more at risk. Female college students are 3X more likely to experience sexual violence and non-college females (18-24) are 4X more likely to experience sexual violence compared to the general female population.