a better way

BECOME A SUICIDE PREVENTION HOTLINE VOLUNTEER!

SAVE LIVES

According to the American Foundation for Suicide Prevention, suicide is the 10th leading cause of death in the United States, averaging approximately 129 suicides per day.

HELP PEOPLE IN CRISIS

A Better Way, in partnership with the National Suicide Prevention Lifeline and the Division of Mental Health and Addiction and accredited by Contact USA, provides immediate, confidential support to persons feeling suicidal, or in any type of crisis.

CHOOSE YOUR SHIFT

The Suicide Hotline is open 24/7. Enjoy flexible hours that fit your schedule! Hours are available any time of day, any day of the week!

- Gain volunteer credit hours.
- Studying during downtime is okay with us!

RECEIVE VALUABLE TRAINING

All volunteers will have valuable training opportunities available to them:

SAFETALK: **Suicide Alertness**
ASIST: **Applied Suicide Intervention Skills Training**
QPR: **Question. Persuade. Refer.**

CONTACT OUR VOLUNTEER COORDINATOR OR APPLY ONLINE

abetterwaymuncie.org/hotlinevolunteer

Blayne Umansky | volunteer@abwservices.org | 765-747-9107

SUICIDE HOTLINE: 800-273-TALK + CRISIS HOTLINE: 765-288-HELP

Learn more at abetterwaymuncie.org

CONTACT usa

Division of Mental Health and Addiction