

# CONSIDER

# EVERY 92 SECONDS



a sexual assault occurs in the USA.

According to The Bureau of Justice Statistics, there are roughly 321,500 victims (ranging 12 years of age or older) of rape and sexual assault each year in the United States alone.

# 1 IN 6 WOMEN

will be a victim of an attempted or completed rape in their lifetime.



Young women are more at risk. Female college students are 3X more likely to experience sexual violence and non-college females (18-24) are 4X more likely.

<b>94%</b>	<b>33%</b>	<b>13%</b>
Experience PTSD	Contemplate Suicide	Attempt Suicide

# CONTACT

A Better Way Services, Inc.

**CALL**  
765-747-9107

**SUICIDE HOTLINE**  
1-800-273-TALK

**24-HOUR CRISIS LINE**  
765-288-HELP

## OTHER RESOURCES

**ICESAHT**  
Indiana Coalition to End Sexual Assault & Human Trafficking  
**Website: indianacesa.org**

**RAINN**  
Rape Abuse & Incest National Network  
**24-Hour Hotline: 1-800-656-HOPE**

**ICADV**  
Indiana Coalition Against Domestic Violence  
**24-Hour Hotline: 1-800-332-7385**



# SEXUAL ASSAULT

INFORMATION | ADVOCACY | PREVENTION



## OUR MISSION

To reduce domestic abuse, sexual assault and suicide in our community through shelter services, crisis intervention and prevention initiatives.



Learn more at [abetterwaymuncie.org](http://abetterwaymuncie.org)

# DEFINED

## What is sexual **ASSAULT?**

According to the Department of Justice, "sexual assault is any type of contact or behavior that occurs without the explicit consent of the recipient".

**Forced Sexual Intercourse**

**Forcible Sodomy**

**Child Molestation/Incest**

**Fondling or Inappropriate Touching**

**Attempted or Completed Rape**

### **WHAT IS SEXUAL HARASSMENT?**

Sexual harassment may constitute unwanted sexual advances, requests for sexual favors, unwanted touching or physical contact, discussing sexual relations/stories/fantasies at work, crude or obscene remarks, sending unwanted sexually explicit photos, emails or text messages, as well as other conduct of a sexual nature.

### **CONSENT DEFINED**

Consent is a verbal, sober permission given, which is also both conscious and willingly agreed upon. Consent is continuous and active. It can be retracted at any time.

**CONSENT IS NOT  
COERCED | ASSUMED | SILENT | IMPLIED**

# GET HELP

### **SAFETY FIRST**



#### **Go to a safe place.**

Safety is always a top priority. If you are in immediate danger, call 9-1-1. If you need to call a trusted friend or loved one for support and comfort, do so. Both physical safety and emotional safety are important during this time.

### **YOU HAVE OPTIONS**



#### **Reach out to a sexual assault service provider.**

Call the National Sexual Assault Hotline at 800-656-HOPE or A Better Way at 765-288-HELP.



#### **Get to a hospital to collect and preserve evidence.**

A SANE (Sexual Assault Nurse Examiner) or SART (Sexual Assault Response Team) advocate will be there to help you through the process.



#### **Contact the police - You have the choice to file a police report.**

This will create a legal record of the incident. If police respond to the scene, you are under no obligation to file a report at that time.



#### **Do not worry about the cost!**

Under the Crime Victims Compensation program, victims will be reimbursed for out-of-pocket expenses related to the assault. This includes the cost of the forensic medical exam (rape kit) performed at the hospital.

# OUR SERVICES

## What can ABW do **FOR YOU?**

### **RAPE CRISIS CENTER**

A Better Way's rape crisis center is open 24/7 to victims of rape or sexual assault seeking services. We provide confidential on-site crisis counseling, safety planning, information & referral, emotional support, protective order assistance, legal advocacy, and sexual assault education.

### **SART**

A Better Way is a participating member of the Delaware County Sexual Assault Response Team. Our advocates respond to cases of sexual assault at the hospital and provide support to victims through the entire process, including the forensic medical exam and follow-up.

### **EMOTIONAL SUPPORT**

**Support Group:** Our Sexual Assault Support Group meets every Monday night from 7pm - 8pm, except on holidays. A Better Way groups are facilitated by a victim advocate and/or sexual assault counselor. A children's group is also provided during support group hours.

**Individual Support:** Professional, licensed counselors are available on-site to provide compassionate trauma-informed care; emotional and behavioral services include assessment, individual counseling, and referral to higher levels of integrated care as needed.

### **LEGAL RESOURCES**

Our advocates provide essential sexual assault resources to victims, including accompaniment to court, assistance with protective orders, legal rights education, and overall guidance throughout the legal process.