YOUR SUPPORT

CONTACT US

a **better** way

WE VALUE OUR VOLUNTEERS

Our volunteer program includes training and a variety of service opportunities including direct client services and assistance with children's activities.

Visit our website to apply today!

DONATE

abetterwaymuncie.org/donate

A Better Way depends on financial contributions to provide quality services to persons in need. Please visit our website to donate online or mail monetary donations to:

> A Better Way Services, Inc. PO Box 734 **Muncie, IN 47308**

MAJOR SOURCES OF FUNDING

ALPHA CHI OMEGA

THE COMMUNITY FOUNDATION OF MUNCIE & DELAWARE COUNTY DIVISION OF MENTAL HEALTH AND ADDICTION **EMERGENCY FOOD AND SHELTER PROGRAM**

HUD

INDIANA CRIMINAL JUSTICE INSTITUTE INDIANA COALITION TO END SEXUAL ASSAULT INDIANA COALITION AGAINST DOMESTIC VIOLENCE INDIANA HOUSING & COMMUNITY DEVELOPMENT AUTHORITY

INDIANA CRIMINAL JUSTICE INSTITUTE MUNCIE COMMUNITY DEVELOPMENT

NAVIENT FOUNDATION

REGION VII - REGIONAL SERVICES COUNCIL

SIA FOUNDATION, INC.

UNITED WAY OF DELAWARE COUNTY VIBRANT + NATIONAL SUICIDE PREVENTION LIFELINE A Better Way Services, Inc.



CALL 765-747-9107

SUICIDE HOTLINE 1-800-273-TALK

24-HOUR CRISIS HOTLINE 765-288-HELP

Thank You!

Thank you to all those who, through your financial support and volunteerism, have made the programs provided by A Better Way Services, Inc. possible.

























OUR MISSION

To reduce domestic abuse, sexual assault and suicide through service, shelter, crisis intervention and prevention initiatives.





ABOUT US

A Better Way is a multi-service provider for persons in crisis and at-risk youth.

WE PROVIDE:

- Emergency shelter and services for victims of domestic violence and/or sexual assault and their children.
- Rape Crisis Center, providing 24/7 confidential services.
- Transitional housing and rapid re-housing programs for victims of domestic violence.
- A regional crisis/suicide prevention hotline for 56 counties. A national chat service through Lifeline.
- Outreach programs that include bullying, teen dating violence, domestic violence, and suicide prevention.
- Telecare, a check-in call service for elderly, disabled, and homebound persons.



FIND FOOD AND HOUSING ASSISTANCE, HELP PAYING BILLS, AND OTHER FREE OR REDUCED COST PROGRAMS.



24/7/365 SHELTER AND SERVICES:

- Safe, Temporary Shelter
- **✓** Support Groups
- Children's Programs
- On-site Counseling
- ✓ Violence Prevention Education
- ✓ Parenting Classes
- Legal Advocacy & Support
- ✓ Information + Referral
- Transitional Housing & Rapid Re-Housing Programs

SUICIDE HOTLINE/CHAT

In cooperation with Lifeline, persons feeling suicidal, or in any type of crisis can call or chat:

SUICIDE HOTLINE: 1-800-273-TALK

CHAT: suicidepreventionlifeline.org/chat

CRISIS HOTLINE

A Better Way advocates are ready to take your call and provide you with immediate, confidential support. We will listen, offer encouragement, and we will believe you.

24-HOUR CRISIS LINE: 765-288-HELP



RAPE CRISIS CENTER

A Better Way's rape crisis center is open 24/7 to victims of rape or sexual assault. We provide professional, confidential emotional support and legal advocacy. We are here to listen.

SART

A Better Way is a participating member of the Delaware County Sexual Assault Response Team. Our advocates respond to cases of sexual assault at the hospital and provide support to victims throughout the entire process, including the forensic medical exam and follow-up.

EMOTIONAL SUPPORT

Support Group: Our Sexual Assault Support Group meets every Monday night from 7pm - 8pm, except on holidays. The group is facilitated by a victim advocate and a sexual assault counselor. A children's group is provided during support group hours.

Individual Support: Professional, licensed counselors are available on-site to provide compassionate trauma-informed care; emotional and behavioral services include assessment, individual counseling, and referral to higher levels of integrated care as needed.

LEGAL ADVOCACY

Our advocates provide essential sexual assault resources to victims, including accompaniment to court, assistance with protective orders, legal rights education, and overall guidance throughout the legal process.