

CONSIDER

EVERY 1 MINUTE



nearly 20 people are physically abused by an intimate partner in the U.S.

According to the National Coalition Against Domestic Violence, intimate partner violence accounts for 15% of all violent crime. If a gun is involved, risk of homicide increases by 500%.

1 in 4 WOMEN

will experience severe physical violence in their lifetime.



Approximately 1 in 7 men will also experience severe violence in their lifetime. Intimate partner violence results in higher rates of depression, anxiety, PTSD, suicidal ideation, and higher risks of addiction to alcohol, tobacco, or other drugs. 90% of the 1 in 15 children who are exposed to intimate partner violence are direct eye witness.

5.1 MILLION MEN & 19.3 MILLION WOMEN

will be stalked in their lifetime.

CONTACT

A Better Way Services, Inc.

Available 24/7

- Muncie: 765.747.9107
- Richmond: 765.966.0538
- Crisis Support: 765.288.4357
- 988 Suicide & Crisis Lifeline
- abetterwaymuncie.org



OTHER RESOURCES

ICADV

Indiana Coalition Against Domestic Violence
24-Hour Hotline: 1-800-332-7385

NCADV

National Coalition Against Domestic Violence
Website: ncadv.org

Our Supporters



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a better way

DOMESTIC VIOLENCE

INFORMATION | ADVOCACY | PREVENTION



OUR MISSION

To reduce domestic abuse, sexual assault, suicide and homelessness through service, shelter, crisis intervention and prevention initiatives.

DEFINED

What is DOMESTIC VIOLENCE?

According to the National Coalition Against Domestic Violence, it's defined as "the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another".

THE CYCLE OF VIOLENCE



SCAN ME

What are relationship RED FLAGS?

KNOW THE WARNING SIGNS

Does your intimate partner...

- call you names or put you down?
- get extremely jealous when you talk to your friends or family?
- frequently check up on you or demand to know where you have been or what you are doing?
- hit, push, or hurt you in a physical way?
- pressure you into having sex when you don't want to?
- lose control of temper, then blame you?
- accuse you of lying?
- ignore your thoughts and opinions, and make decisions for you?

SCORE _____

If you answered yes to one or more of these questions you may be in an abusive relationship.

NO ONE DESERVES TO BE ABUSED!

OUR SERVICES

What can ABW do FOR YOU?

A Better Way provides services to survivors of domestic violence and sexual assault in Blackford, Delaware, Fayette, Henry, Jay, Randolph, Union, and Wayne Counties.

SAFE SHELTER

We provide safe shelter, services, and support to survivors of domestic violence and sexual assault in an eight-county area.

MOBILE ADVOCACY

Advocates provide flexible meeting locations, striving to accommodate and customize services based on individual survivor needs.

SUPPORT GROUPS

Weekly support groups are provided to survivors of domestic violence and sexual assault, along with a separate children's group.

COUNSELING SERVICES

Counselors are available to provide compassionate trauma-informed care.

LEGAL RESOURCES

Advocates are available to assist survivors with filling out protective orders, accompaniment to court, and legal rights education.



Rape Crisis Center
Children's Programs

Violence Prevention
Crisis Support Line

*Visit our website to see more programs
A Better Way provides!*