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ABOUT US

PRIMARY PREVENTION
A Better Way provides Community Awareness Presentations to philanthropic groups, church groups, schools, and other service providers upon request. We cover topics including domestic violence, body safety, teen dating violence, sexual assault, suicide, and bullying.

DOMESTIC VIOLENCE 101
We provide 45-minute or 1-hour long sessions with a focus on types of abuse, red flags of a potential abuser, the cycle of violence, characteristics of a healthy relationship, and community advocacy, counseling, and legal resources.

BODY SAFETY
We provide pre-school age to 3rd grade students 30-45 minute sessions on body safety. When we talk to children in age appropriate ways about our bodies and boundaries, children understand what healthy relationships look like. It also teaches them that they have the right to say “no.”

BULLYING
We provide 5th and 6th grade students 45-minute sessions on how to respond to bullying, best practices for self-care, The Golden Rule, types of bullying, and development of assertiveness skills. Sessions may include role-play exercises or other interactive activities to practice these skills.

HEALTHY RELATIONSHIPS
A Better Way provides 7th grade students 45-minute sessions on healthy relationships, and 8th grade students 45-minute sessions on dating relationships. Topics covered include positive relationships and how to build healthy connections, setting boundaries, consent, social media privacy, and warning signs of unhealthy relationships.

CONTACT

A Better Way Services, Inc.
Set up a presentation today!

Muncie: 765.747.9107
Richmond: 765.966.0538
Crisis Support: 765.288.4357
988 Suicide & Crisis Lifeline
abetterwaymuncie.org

Supported By:

OUR MISSION
To reduce domestic abuse, sexual assault, suicide and homelessness through service, shelter, crisis intervention and prevention initiatives.
When going on a date, keep your friends and family aware of who, when, and where your date is taking place. Use your own transportation. Meet in a safe, public place. Limit the amount of alcohol consumed during the date. Do not leave your drink unattended.

SAFE DATING TIPS

Did You Know?

Any type of sexual harassment is WRONG!
Sexual harassment may constitute unwanted sexual advances, requests for sexual favors, unwanted touching or physical contact, discussing sexual relations/stories/fantasies at work, crude or obscene remarks, sending unwanted sexually explicit photos, emails or text messages, as well as other conduct of a sexual nature.

Consent is NOT coerced, assumed, silent or implied.
Consent is a verbal, sober permission given, which is also both conscious and willingly agreed upon. Consent is continuous and active. The absence of NO does not mean YES!

You can help reduce violence!
Speak up! Become an active bystander. When you hear your friends making sexual jokes about or harassing others, step in and let them know THIS BEHAVIOR IS NOT OKAY!
By stepping in you are helping change the way people think about their roles in preventing sexual violence. An easy way to help if you suspect someone needs assistance is to C.A.R.E.

4 STEPS TO PROTECT YOUR FRIENDS

C: Create a distraction
A: Ask directly
R: Refer to an authority
E: Enlist others for support

SAFE DATING TIPS

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