

Learn More!

PRIMARY PREVENTION

A Better Way offers Community Awareness Presentations on topics of domestic violence, body safety, teen dating violence, sexual assault, suicide, and bullying to philanthropic groups, churches, schools, and other service providers upon request.

DOMESTIC VIOLENCE 101

We provide 45-minute or 1-hour long sessions with a focus on types of abuse, red flags of a potential abuser, the cycle of violence, characteristics of a healthy relationship, and community advocacy, counseling, and legal resources.

BODY SAFETY

We provide pre-school age to 3rd grade students 30-45 minute sessions on body safety. When we talk to children in age appropriate ways about our bodies and boundaries, children understand what healthy relationships look like. It also teaches them that they have the right to say "no."

BULLYING

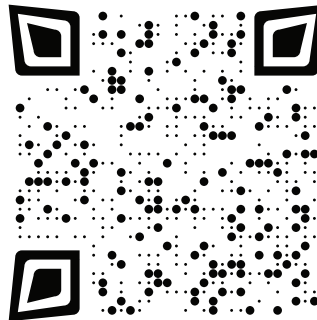
We provide 5th and 6th grade students 45-minute sessions on how to respond to bullying, best practices for self-care, The Golden Rule, types of bullying, and development of assertiveness skills. Sessions may include role-play exercises or other interactive activities to practice these skills.

HEALTHY RELATIONSHIPS

A Better Way provides 7th grade students 45-minute sessions on healthy relationships, and 8th grade students 45-minute sessions on dating relationships. Topics covered include positive relationships and how to build healthy connections, setting boundaries, consent, social media privacy, and warning signs of unhealthy relationships.

Contact

Set up a presentation today!



SCAN ME

- ☎ Muncie: 765.747.9107
- ☎ Richmond: 765.966.0538
- ☎ Crisis Support: 765.288.4357
- ☎ 988 Suicide & Crisis Lifeline
- @ abetterwaymuncie.org



Our Supporters



Indiana Coalition to
End Sexual Assault
& Human Trafficking
Engage. Educate. Empower.



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CRIMINAL
JUSTICE
INSTITUTE

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VIOLENCE PREVENTION

INFORMATION | ADVOCACY | PREVENTION



Our Mission

To reduce domestic abuse, sexual assault, suicide and homelessness through service, shelter, crisis intervention and prevention initiatives.



Defined

What is Dating Violence?

Dating violence is a pattern of behaviors in a romantic relationship where one partner seeks to dominate, control, or inflict harm. This can include various forms of abuse such as verbal, emotional, physical, sexual, or financial control. It is characterized by power imbalances, a lack of consent, and actions that cause harm or distress. It can affect individuals regardless of age, religion, sexual orientation, gender, education, or economic status.

What is Rape?

In Indiana, rape is defined as intentional sexual intercourse or causing someone to engage in sexual conduct through force, threat, lack of awareness, mental incapacity or inability to provide consent.

What is Consent?

Consent is a voluntary, informed, and mutual agreement for a specific sexual activity. It requires clear communication without manipulation, threats, or force. Consent can be withdrawn at any point!

What is Sexual Coercion?









Sexual coercion is compelling minors under 18 into unwanted sexual acts through force, threat, or manipulation.



The Signs

What are red flags?

Relationship red flags in domestic violence are warning signs or behaviors that indicate the presence or potential escalation of abusive and controlling dynamics within a relationship.

-  _____ call you names or put you down?
-  _____ get extremely jealous when you talk to your friends or family?
-  _____ frequently check up on you or demand to know where you have been or what you are doing?
-  _____ hit, push, or hurt you in a physical way?
-  _____ pressure you into having sex when you don't want to?
-  _____ lose control of temper, then blame you?
-  _____ accuse you of lying?
-  _____ ignore your thoughts and opinions, and make decisions for you?



SCORE _____

If you answered yes to one or more of these questions you may be in an abusive relationship.

NO ONE DESERVES TO BE ABUSED!



Did You Know?

Any type of sexual harassment is WRONG!

Sexual harassment includes unwanted advances, requests, physical contact, inappropriate discussions, crude remarks, and the transmission of explicit content, among other inappropriate sexual conduct.

Consent is NOT coerced, assumed, silent or implied.

Consent is clear, sober, continuous, and revocable permission; the absence of "no" does not imply "yes."

You can help reduce violence!

Speak up and be an active bystander; intervene when friends make inappropriate comments or engage in harassment, as it helps shift perspectives on preventing sexual violence, and remember to C.A.R.E when offering assistance.

4 STEPS TO PROTECT YOUR FRIENDS

- C**reate a distraction
- A**sk directly
- R**efer to an authority
- E**nlist others for support

